



All patients are **required** to complete preventive health maintenance. Up-to-date health maintenance should be completed **within 90 days** of your referral submission. Patients **will NOT be eligible** for an evaluation appointment until **ALL** health maintenance is complete.

The list below describes preventive health maintenance testing. Please review testing description below to determine which tests you need to complete.

- **Yearly Dental Clearance – Required for ALL patients:**
 - Dental clearance form attached - Need medical clearance from your Dentist
- **Colon Cancer Screening is required for all patients:**
 - 45 years old or above
 - Colonoscopy is PREFERRED
 - Cologuard may now be considered as a valid screening option
- **Mammogram required for female patients:**
 - 40 years old or above
 - At discretion of provider, usually every 2 years
- **PAP Smear required for female patients:**
 - 21 years old or above
 - At discretion of gynecologist, usually every 3 years
- **Immunization Records, highly recommended for all patients:**
 - Tetanus (TDAP) - Every 10 years [NOT offered at dialysis]
 - Hepatitis A x2 doses (six months apart) [NOT offered at dialysis]
 - Hepatitis B x4 doses or have antibodies
 - Pneumonia – Every 5 years
 - Flu Shot – Annual
 - Covid-19

Please save the above testing and submit with the referral.



If you are having difficulty in obtaining a dental clearance, the following dental offices may be able to assist you in completing your dental clearance:

- **Dentist on Nellis**
 - Phone: (702) 457-5335
- **Dr. Erick Bernsweig, D.D.S, M.S**
 - Phone: (702) 869-8200 or (702) 228-6684
- **UNLV School of Dental Medicine**
 - Phone: (702) 774-5175
- **Dental Faculty Practice:**
 - Phone: (702) 651-5510

These clinics may offer an affordable option, however, please check with your insurance to determine what your out of pocket expenses will be. Please keep in mind that you are responsible for any fees associated with any dental procedure you may have.